## THIS IS WHAT A HEART ATTACK FEELS LIKE TO A WOMAN.



CHEST PAIN, DISCOMFORT, PRESSURE OR SQUEEZING, LIKE THERE'S A TON OF WEIGHT ON YOU



UNUSUAL UPPER BODY PAIN, OR DISCOMFORT IN ONE OR BOTH ARMS, BACK, SHOULDER, NECK, JAW OR UPPER PART OF THE STOMACH



LIGHT-HEADEDNESS OR SUDDEN DIZZINESS



NAUSEA



BREAKING OUT IN A COLD SWEAT



UNUSUAL FATIGUE



SHORTNESS OF BREATH

If you experience any one of these symptoms, don't make excuses for them.



## MAKE THE CALL. DON'T MISS A BEAT.



To learn more, visit WomensHealth.gov/HeartAttack